

## **WELCOME TO SEBASTIAN RIDING ASSOCIATES**

Sebastian Riding Associates, Inc. was chartered in 1975 as an independent, non-profit organization to administer, develop and promote therapeutic horseback riding and hippotherapy programs for children and adults with mental, physical, and emotional disabilities. Our physical and occupational therapists and therapeutic riding instructors use horses as the primary tool to provide this unique and effective therapy to students 2 years of age and older.

Sebastian is located on 27 acres in Evansburg State Park, leased from the Commonwealth of Pennsylvania. With an indoor heated arena and lighted outdoor riding ring, we offer year-round hippotherapy and therapeutic riding instruction to students with disabilities.

The entire staff at Sebastian Riding Associates welcomes you. If you are considering joining our program, you may wish to stop by and observe our sessions. Please give us a call in advance so that we may expect your visit.

The following provides information about application to the program, our sessions, fees and payment, and attendance policies.

### **Application & Paperwork**

Application to Sebastian Riding Associates begins with completion and submission of the attached documents. Please be sure to complete all areas and obtain the required signatures.

- Registration
- Physician's Prescription
- Medical History (for program participants, to be updated annually)
- Emergency Treatment
- Releases & Permissions

When we have received all completed application materials, the script and medical history is reviewed by a licensed physical therapist on staff. Following review, the applicant is placed on a waiting list for the next available open session. As a time slot becomes available, we will contact the applicant to schedule an initial evaluation with a physical therapist. Based on the evaluation, the rider will be placed into hippotherapy sessions with a physical/occupational therapist or into therapeutic riding lessons. Therapeutic riding lessons are hourly; hippotherapy sessions are 45 minutes or a time deemed appropriate by the therapist.

### **Lesson Attire**

For safety and comfort, all riders should wear long pants to sessions year-round. The safest foot attire for riders is a shoe with a low heel. Hiking boots with lug soles are not appropriate. While we permit our assisted riders to wear sneakers, we'd prefer to see shoes with heels. For riders bringing their own helmets please be sure that they are properly fitted and ASTM-SEI approved.

**Fee Schedule**

Initial Evaluation with Physical Therapist & Instructor	\$60
Hippotherapy Session with Physical/Occupational Therapist & Instructor	\$80
Consultation with Physical/Occupational Therapist & Instructor	\$30
Therapeutic Riding 10 week session, weekly lessons	\$500
Therapeutic Riding 10 week session, bi-weekly lessons (Therapeutic riding with Instructor only (no PT or OT))	\$250

Payment is due prior to the 10 week session. For each 10 week session, you will receive an invoice one (1) month prior to the beginning of the session. Payment is due before the student rides in the session. There will be no refunds for missed lessons, however make-ups can be scheduled pending availability (talk with your instructor). Accounts 60+ days overdue may result in dismissal from the program.

Thirty days (30) written notice is required if a student wishes to “skip” a 10 week session, (e.g. vacations, cannot tolerate cold, heat, etc.). The slot will be then offered to a student on the current wait list on a temporary basis. If two (2) consecutive 10 week sessions are missed, the riding slot will then be offered to the wait list rider on a permanent basis. Exceptions may be granted for extenuating circumstances, such as illness or injury.

**Student Attendance**

Students are strongly encouraged to maintain regular lesson attendance and arrive on time for their scheduled lessons. This is important for student progress as well as program management.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
*Client/Parent/Guardian*



Thank you again for your interest in Sebastian Riding Associates.  
If you have questions, please feel free to call us. We look forward to meeting you!